“The Sarahu Sputum, Asthma salvation of natural herbs treatments Medicine – Lesson 01”

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Abstract: For some human being food becomes allergy to that man. Some people will be accepting. Some peoples become unhealthy. But with such problems man has got intelligence to come out of the problem. Following the usage of naturally herbs is other intelligence. The man who uses five ailments satisfactorily such person the problem of diseases and allergies doesn’t harm. Five ailments of nature animal and birds manage the problems whenever they are attacked. Nature is in favor of that. That is become a boon. Whenever the man uses the panchabhootas positively at that time attacked the allergies and viruses, infections.

Introducing: Asthma, sputum man by which process can be corrected by scientific innovations ambitious. Normally cough, cold, fever, fever and typhoid and other human lives are attacked human beings and animals and birds. In the same man hunts other specs for his living. That is a natural process. But there also border is exited at that time the problems are increasing. If it exits process small things become big dangerous. On such dangerous is asthma, sputum stand in the first line. Basically cough and cold they are dependent. When cold and cough exceed the limit if suitable medicine is not available such time convert into Sputum. Similarly Asthma. To cure them scientific treatments is a must. Medical treatments doesn’t mean chemical formula; those can be cured by our behavior, eating food can be corrected by technical approach. This is the substance.
Contents:


- By consuming basil naturally sputum will go out automatically.
- We can kick out asthma by consuming basil leaves.
- By eating basil leaves at the time of sun rise it means around 7:30 consuming. Asthma and sputum can be cured in 21 days. Because basil leaves contain vitamin “A” to “D”.
- Those who do not consume basil leaves can dissolve basil leaves in boil water and drink to avoid asthma and sputum.
- Minor coughs also sustain.
- Cold also reduces.

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Project – 02: “Benefits and eating Bilva leaves and its workings.”
We can get the blessing of the gods by using Bilva Leaves.
By consuming Bilva leaves naturally sputum will go out automatically.
We can kick out asthma by using Bilva.
By eating Bilva leaves at the time of sun rise it means around 7:30 consuming. Asthma and sputum can be cured in 21 days. Because Bilva leaves contain vitamin “A” to “D”.
Those who do not consume Bilva leaves can dissolve Bilva leaves in boil water and drink to avoid asthma and sputum.
Minor coughs also sustain.
Cold also reduces.

Project – 03: “Benefits of using Neem leaves and it’s working.”
We can increase the calcium intake by consuming Neem leaves.
By consuming Neem leaves we can increases immunity power against diseases.
By eating Neem leaves kicks out negative energy.
By eating Neem leaves at the time of sun rise it means around 7:30 consuming. Asthma and sputum can be cured in 21 days. Because Neem leaves contain vitamin “A” to “D”.
Those who do not consume Neem leaves can dissolve Neem leaves in boil water and drink to avoid asthma and sputum.
We can come out of fever, headache and increase immunity power also cured by fever and small pains.
Acidity, appendix, formation of kidney stone, and problems related to liver can be successfully sustained.
Controls piles.
Minor cough can be avoided.
Body temperature will be kept normally.

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We can increase the calcium intake by consuming papaya leaves.
By consuming papaya leaves we can increase immunity power against diseases.
By eating papaya leaves and fruits kicks out negative energy.
By eating papaya leaves and fruits at the time of sun rise it means around 7:30 consuming. Asthma and sputum can be cured in 21 days. Because papaya leaves and fruits contain vitamin “A” to “D”.
Those who do not consume papaya leaves and fruits can dissolve papaya leaves in boil water and drink to avoid asthma and sputum.
Increases chromosomes.
Increases white blood cells fast.
Controls typhoid and fevers.
Controls infections.
Controls constipation.
Control small unhealthy situations.
- Increases the capacity of shells.
- Controls piles.
- Body temperature will be kept normally.

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Project – 05: Benefits of consuming Garlic, Lemon, Mango, Pineapple and other such items and their workings.”

![Image of Garlic, Lemon, Mango, Pineapple]

- Increases capacity of shells.
- Increases chromosomes.
- Increases white blood shells faster.
- Controls Typhoid and other fevers.
- Controls infections.
- Controls constipation.
- Control small unhealthy situations.
- Malaria, Dengue, H(1) N(1) fever, Covid 19 and such other viruses are controlled.
- Control Piles.
- Reduction of acid in Acidic nature.
- Avoided Misquotes and Insects. And they die themselves by eating human blood.
- Body temperature will be kept normally.

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![Image of Jeer and Raw Ginger]

- Control small unhealthy situations.
- Malaria, Dengue, H(1) N(1) fever, Covid 19 and such other viruses are controlled.
Control Piles.
- Reduction of acid in Acidic nature.
- Control bile.
- Control minor and mild fevers.
- Control headache.
- A control minor coughs.
- Symptoms of asthma decrease.

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Conclusive 01: All the herbs in reality are converted to allopath medical treatments. But they do not give any side effects. But though hydrazine, oxygen are abundant not directly attacking on human beings. Though they attack slowly there is no adverse effect on us. Supposing if we use though herbs and convert into chemical and use in the treatment of human beings then we get good immediate result. Whether it is wrong or right. They increase the capacity of human shells and immunity power and increase chromosome level. Or for those who have defecate calcium increases calcium level. Because they have higher ph level when compare to other infections, viruses and other diseases. They have got acid to control in advance viruses, infections and diseases. If the same is converted into tablets and inject able medicines and convert into allopathic medicine we get immediate result. But it will start giving side effect because they have converted chemical. If the chemical is reduced the same can be called as Ayurvedic Treatments.

Tablet Making

Conclusive 02: In the above 02, 03, and 04 projects Neem leaves, Papaya leaves, and Bilva leaves decoction and using the leaves if we can stop allergies permanently. There are verities of allergies. But till now no medicine is found in permanently in the world for the treatment of allergy. And still not available. Because the man who suffers from particularly allergy has to find out particular medicine himself. To stop all such types allergies the above 02, 03, and 04 projects are beneficial. 05, 15 ph level content are highly helpful. Above there are 02, 03 and 04 projects and for A to D vitamins they have 650 MG to 1000 MG dosages. Have vitamin content.

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